## Stunning Start

The children will begin their new topic, 'Alive and Kicking', by thinking about what constitutes a healthy lifestyle. They will learn about different food groups and how to eat a balanced diet. They will participate in a range of physical activities and understand the importance of sleep.

| Core Books |
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| Healthy Eating-non-fiction |
| The World Needs Who You Were Made To Be-Joanna |
| Gaines |
| The Wonderful Things You Will Be-Emily Winfield Martin |
| Art |
| ANTM, |

## To use pencil to create texture and shade

Children will experiment with using a pencil for texture and shade. They will do an observational drawing of pieces of
fruit to demonstrate these skills.


To follow procedures for hygiene and safety
Children will make a sandwich of their choice for their class picnic. They will make sure they follow procedures to keep themselves and others safe whilst they prepare and serve the food.

## English

Writing: Using their real life experience from our Stunning Start, children will showcase their learned writing skills to create a healthy living fact file.
Guided Reading: During our guided reading sessions, children will continue to use their phonics to segment and blend unknown words, build their fluency, read the punctuation, answer questions, make simple predictions, infer and make links between what they are reading to other texts, movies and life experience.
Book Talk: We will be reading a non-fiction book to learn more about Healthy Eating and will discuss the information we have found out. We will continue to use the contents and glossary pages.

## Spelling:

SPaG: Children will use four different sentence types, adjectives, noun phrases, adverbs, subordinate conjunctions.


