

RSHE Key Stage 2 Overview

	Autumn Term	Spring Term	Summer Term
Year 3	<p>Understanding relationships & family life Recognise different types of relationships (e.g. friendships, family relationships, romantic relationships, online) Learn about marriage and civil partnership as a legal declaration of commitment made by two adults who love and care for each other. Recognise the shared characteristics of healthy family life. Recognise and respect that there are different types of family structure</p> <p>Anti-bullying: what is bullying? Learn what constitutes a positive healthy friendship and that the same principles apply to online friendships as to face-to-face relationships</p>	<p>Healthy living Children will learn how to make informed decisions about health Understand about the elements of a balanced, healthy lifestyle Recognise that habits can have both positive and negative effects on a healthy lifestyle</p>	<p>Keeping safe Learn about the importance of taking medicines correctly and using household products safely. Develop an awareness of why people choose to use or not use drugs (including nicotine, alcohol and medicines)</p>